



April 2025 | Harmony Elementary | **Breakfast Menu** | **24-25 K-8 Breakfast**

Monday	Tuesday	Wednesday	Thursday	Friday
<p>31</p> <p>Week 1 Monday</p> <p>MAIN ENTREE</p> <p>Muffin, apple cinnamon, housemade</p> <p>GRAIN</p> <p>Cinnamon Chex</p> <p>FRUIT</p> <p>Banana</p> <p>Apple, 1/2 cup</p>	<p>1</p> <p>Week 1 Tuesday</p> <p>MAIN ENTREE</p> <p>Whole wheat sprouted bagel</p> <p>GRAIN</p> <p>Cinnamon Chex</p> <p>FRUIT</p> <p>Orange, 1 cup</p> <p>Apple, 1/2 cup</p>	<p>2</p> <p>Week 1 Wednesday</p> <p>MAIN ENTREE</p> <p>Orange dreamsicle smoothie and toast</p> <p>GRAIN</p> <p>Cinnamon Chex</p> <p>FRUIT</p> <p>Banana</p> <p>Apple, 1/2 cup</p>	<p>3</p> <p>Week 1 Thursday</p> <p>MAIN ENTREE</p> <p>Oatmeal</p> <p>GRAIN</p> <p>Cinnamon Chex</p> <p>FRUIT</p> <p>Orange, 1 cup</p> <p>Apple, 1/2 cup</p>	<p>4</p> <p>Week 1 Friday</p> <p>MAIN ENTREE</p> <p>Whole wheat pancakes, housemade</p> <p>GRAIN</p> <p>Cinnamon Chex</p> <p>FRUIT</p> <p>Banana</p> <p>Apple, 1/2 cup</p>

<p>7</p> <p>Week 1 Monday</p> <p>■ MAIN ENTREE</p> <p>Muffin, chocolate chip, housemade</p> <p>■ GRAIN</p> <p>Cinnamon Chex</p> <p>■ FRUIT</p> <p>Banana Apple, 1/2 cup</p>	<p>8</p> <p>Week 1 Tuesday</p> <p>■ MAIN ENTREE</p> <p>Whole wheat sprouted bagel</p> <p>■ GRAIN</p> <p>Cinnamon Chex</p> <p>■ FRUIT</p> <p>Orange, 1 cup Apple, 1/2 cup</p>	<p>9</p> <p>Week 1 Wednesday</p> <p>■ MAIN ENTREE</p> <p>Yogurt and granola</p> <p>■ GRAIN</p> <p>Cinnamon Chex</p> <p>■ FRUIT</p> <p>Banana Apple, 1/2 cup</p>	<p>10</p> <p>Week 1 Thursday</p> <p>■ MAIN ENTREE</p> <p>Oatmeal</p> <p>■ GRAIN</p> <p>Cinnamon Chex</p> <p>■ FRUIT</p> <p>Orange, 1 cup Apple, 1/2 cup</p>	<p>11</p> <p>Week 1 Friday</p> <p>■ MAIN ENTREE</p> <p>Whole wheat pancakes, housemade</p> <p>■ GRAIN</p> <p>Cinnamon Chex</p> <p>■ FRUIT</p> <p>Banana Apple, 1/2 cup</p>
<p>14</p> <p>Week 1 Monday</p> <p>■ MAIN ENTREE</p> <p>Muffin, blueberry, housemade</p>	<p>15</p> <p>Week 1 Tuesday</p> <p>■ MAIN ENTREE</p> <p>Whole wheat sprouted bagel</p>	<p>16</p> <p>Week 1 Wednesday</p> <p>■ MAIN ENTREE</p> <p>Orange dreamsicle smoothie and toast</p>	<p>17</p> <p>Week 1 Thursday</p> <p>■ MAIN ENTREE</p> <p>Oatmeal</p> <p>■ GRAIN</p>	<p>18</p> <p>Emergency Make Up Day</p>

<p>GRAIN</p> <p>Cinnamon Chex</p> <p>FRUIT</p> <p>Banana</p> <p>Apple, 1/2 cup</p>	<p>GRAIN</p> <p>Cinnamon Chex</p> <p>FRUIT</p> <p>Orange, 1 cup</p> <p>Apple, 1/2 cup</p>	<p>GRAIN</p> <p>Cinnamon Chex</p> <p>FRUIT</p> <p>Banana</p> <p>Apple, 1/2 cup</p>	<p>Cinnamon Chex</p> <p>FRUIT</p> <p>Orange, 1 cup</p> <p>Apple, 1/2 cup</p>	
<p>21</p> <p>Emergency Make Up Day</p> <p>Emergency Make Up Day</p> <p>Week 1 Monday</p> <p>MAIN ENTREE</p> <p>Muffin, zucchini, housemade</p> <p>GRAIN</p> <p>Cinnamon Chex</p> <p>FRUIT</p>	<p>22</p> <p>Week 1 Tuesday</p> <p>MAIN ENTREE</p> <p>Whole wheat sprouted bagel</p> <p>GRAIN</p> <p>Cinnamon Chex</p> <p>FRUIT</p> <p>Orange, 1 cup</p> <p>Apple, 1/2 cup</p>	<p>23</p> <p>Week 1 Wednesday</p> <p>MAIN ENTREE</p> <p>Yogurt and granola</p> <p>GRAIN</p> <p>Cinnamon Chex</p> <p>FRUIT</p> <p>Banana</p> <p>Apple, 1/2 cup</p>	<p>24</p> <p>Week 1 Thursday</p> <p>MAIN ENTREE</p> <p>Oatmeal</p> <p>GRAIN</p> <p>Cinnamon Chex</p> <p>FRUIT</p> <p>Orange, 1 cup</p> <p>Apple, 1/2 cup</p>	<p>25</p> <p>Week 1 Friday</p> <p>MAIN ENTREE</p> <p>Whole wheat pancakes, housemade</p> <p>GRAIN</p> <p>Cinnamon Chex</p> <p>FRUIT</p> <p>Banana</p> <p>Apple, 1/2 cup</p>

<p>Banana Apple, 1/2 cup</p>				
<p>28 Week 1 Monday</p> <p>MAIN ENTREE Muffin, apple cinnamon, housemade</p> <p>GRAIN Cinnamon Chex</p> <p>FRUIT Banana Apple, 1/2 cup</p>	<p>29 Week 1 Tuesday</p> <p>MAIN ENTREE Whole wheat sprouted bagel</p> <p>GRAIN Cinnamon Chex</p> <p>FRUIT Orange, 1 cup Apple, 1/2 cup</p>	<p>30 Week 1 Wednesday</p> <p>MAIN ENTREE Orange dreamsicle smoothie and toast</p> <p>GRAIN Cinnamon Chex</p> <p>FRUIT Banana Apple, 1/2 cup</p>	<p>1 Week 1 Thursday</p> <p>MAIN ENTREE Oatmeal</p> <p>GRAIN Cinnamon Chex</p> <p>FRUIT Orange, 1 cup Apple, 1/2 cup</p>	<p>2 Week 1 Friday</p> <p>MAIN ENTREE Whole wheat pancakes, housemade</p> <p>GRAIN Cinnamon Chex</p> <p>FRUIT Banana Apple, 1/2 cup</p>

Menu is subject to change. All meals served meet USDA requirements for reimbursable meals. 1% or nonfat milk available with each meal.

This institution is an equal opportunity provider.