



April 2025 | Harmony Elementary | Lunch Menu | 24-25 K-8 Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
31	1	2	3	4
Week 1 Monday	Week 1 Tuesday	Week 1 Wednesday	Week 1 Thursday	Week 1 Friday
MAIN ENTREE	MAIN ENTREE	MAIN ENTREE	MAIN ENTREE	MAIN ENTREE
Tuna fish sandwich	Shredded chicken tacos	Sweet and sour pork, USDA recipe, 6 oz	Baked Penne Pasta (SFR recipe)	Cheese pizza, housemade
MEAT/MEAT ALTERNATIVE	MEAT/MEAT ALTERNATIVE	spoodle serving	MEAT/MEAT	MEAT/MEAT
Cheddar cheese, shredded, 1 oz	Cheddar cheese, shredded, 1 oz	MEAT/MEAT ALTERNATIVE	ALTERNATIVE Cheddar cheese,	ALTERNATIVE Cheddar cheese,
VEGETABLE	GRAIN	Cheddar cheese, shredded, 1 oz	shredded, 2 oz Cottage cheese	shredded, 1 oz VEGETABLE
Baked potato, russet, 70 ct, .75 C starchy	Brown Rice	GRAIN	VEGETABLE	Baked potato, russet, 70
Carrot, baby	VEGETABLE	Brown Rice	Baked potato, russet, 70	ct, .75 C starchy
Pepper, red bell, 1/4 cup	Baked potato, russet, 70 ct, .75 C starchy	VEGETABLE	ct, .75 C starchy Carrot, baby	Carrot, baby Pepper, red bell, 1/4
Lettuce, green leaf, 1 c serving	Carrot, baby	Baked potato, russet, 70 ct, .75 C starchy	Pepper, red bell, 1/4 cup	cup Lettuce, green leaf, 1 c

Cucumber FRUIT Banana CONDIMENTS Sour cream, serving Ranch dressing, housemade	Pepper, red bell, 1/4 cup Beans, refried, 1/2 cup serving Lettuce, green leaf, 1 c serving Cucumber FRUIT Apple CONDIMENTS Sour cream, serving Ranch dressing, housemade	Carrot, baby Pepper, red bell, 1/4 cup Lettuce, green leaf, 1 c serving Cucumber FRUIT Pear, 1 cup CONDIMENTS Sour cream, serving Ranch dressing, housemade	Lettuce, green leaf, 1 c serving Cucumber FRUIT Orange, 1 cup CONDIMENTS Sour cream, serving Ranch dressing, housemade	serving Cucumber FRUIT Apple CONDIMENTS Sour cream, serving Ranch dressing, housemade
7	8	9	10	11
Week 1 Monday	Week 1 Tuesday	Week 2 Wednesday	Week 1 Thursday	
MAIN ENTREE	MAIN ENTREE	MAIN ENTREE	MAIN ENTREE	
Nachos with ground	Carnitas Tacos	Yogurt and granola	Spaghetti with roasted	

beef	MEAT/MEAT ALTERNATIVE	MEAT/MEAT ALTERNATIVE	garlic and olive oil
MEAT/MEAT ALTERNATIVE	Cheddar cheese, shredded, 1 oz	Cheddar cheese, shredded, 1 oz	MEAT/MEAT ALTERNATIVE
Cheddar cheese, shredded, 1 oz	GRAIN	VEGETABLE	Cheddar cheese, shredded, 2 oz
VEGETABLE	Brown Rice	Baked potato, russet, 70 ct, .75 C starchy	VEGETABLE
Baked potato, russet, 70 ct, .75 C starchy	VEGETABLE	Lettuce, green leaf, 1 c serving	Baked potato, russet, 70 ct, .75 C starchy
Carrot, baby	Baked potato, russet, 70 ct, .75 C starchy	Cucumber	Carrot, baby
Pepper, red bell, 1/4	Carrot, baby	Carrot, baby	Pepper, red bell, 1/4
cup Lettuce, green leaf, 1 c	Pepper, red bell, 1/4 cup	Pepper, red bell, 1/4 cup	cup Lettuce, green leaf, 1 c
serving Cucumber	Beans, refried, 1/2 cup serving	Seasoned oven roasted potatoes	serving Cucumber
FRUIT	Lettuce, green leaf, 1 c serving	FRUIT	FRUIT
Banana	Cucumber	Banana	Orange, 1 cup
CONDIMENTS	FRUIT	CONDIMENTS	CONDIMENTS
Sour cream, serving	Apple	Sour cream, serving	Sour cream, serving
Ranch dressing, housemade	CONDIMENTS	Ranch dressing, housemade	Ranch dressing, housemade
	Sour cream, serving		
	Ranch dressing, housemade		

14	15	16	17	18
Week 1 Monday	Week 1 Tuesday	Week 1 Wednesday	Week 1 Thursday	Emergency Make Up Day
MAIN ENTREE	MAIN ENTREE	VEGETABLE	MAIN ENTREE	
Turkey and Cheese Wrap	Burrito, bean and cheese	Baked potato, russet, 70 ct, .75 C starchy	Spaghetti with Marinara	
MEAT/MEAT ALTERNATIVE Cheddar cheese,	GRAIN Brown Rice	Carrot, baby Pepper, red bell, 1/4 cup	MEAT/MEAT ALTERNATIVE Cheddar cheese, shredded, 1 oz	
shredded, 1 oz	VEGETABLE	Lettuce, green leaf, 1 c serving	Cottage cheese	
VEGETABLE	Baked potato, russet, 70 ct, .75 C starchy	Cucumber	VEGETABLE	
Baked potato, russet, 70 ct, .75 C starchy	Carrot, baby	FRUIT	Baked potato, russet, 70	
Carrot, baby	Pepper, red bell, 1/4 cup	Pear, 1 cup	ct, .75 C starchy Carrot, baby	
Pepper, red bell, 1/4 cup Lettuce, green leaf, 1 c serving	Beans, refried, 1/2 cup serving Lettuce, green leaf, 1 c serving	CONDIMENTS Sour cream, serving Ranch dressing, housemade	Pepper, red bell, 1/4 cup Lettuce, green leaf, 1 c serving	

Cucumber	Cucumber		Cucumber	
FRUIT	FRUIT		FRUIT	
Banana	Apple		Orange, 1 cup	
CONDIMENTS	CONDIMENTS		CONDIMENTS	
Sour cream, serving	Sour cream, serving		Sour cream, serving	
Ranch dressing, housemade	Ranch dressing, housemade		Ranch dressing, housemade	
			DESSERT	
			Chocolate chip cookies	
21	22	23	24	25
Emergency Make Up Day	Week 1 Tuesday	Week 1 Wednesday	Week 1 Thursday	Week 1 Friday
	MAIN ENTREE	MAIN ENTREE	MAIN ENTREE	MAIN ENTREE
	Shredded chicken tacos	Cuban Black Beans and Rice, USDA Recipe for	Pesto Pasta	Cheese pizza, housemade
	MEAT/MEAT ALTERNATIVE	Schools	MEAT/MEAT ALTERNATIVE	

Cheddar cheese, shredded, 1 oz	VEGETABLE	Cheddar cheese, shredded, 2 oz	MEAT/MEAT ALTERNATIVE
GRAIN	Baked potato, russet, 70 ct, .75 C starchy	Cottage cheese	Cheddar cheese, shredded, 1 oz
Brown Rice	Carrot, baby Pepper, red bell, 1/4	VEGETABLE Baked potato, russet, 70	VEGETABLE
VEGETABLE Baked potato, russet, 70 ct, .75 C starchy	cup Lettuce, green leaf, 1 c serving	ct, .75 C starchy Carrot, baby	Baked potato, russet, 70 ct, .75 C starchy Carrot, baby
Carrot, baby	Cucumber	Pepper, red bell, 1/4 cup	Pepper, red bell, 1/4
Pepper, red bell, 1/4 cup	FRUIT Pear, 1 cup	Lettuce, green leaf, 1 c serving	cup Lettuce, green leaf, 1 c
Beans, refried, 1/2 cup serving		Cucumber	serving Cucumber
Lettuce, green leaf, 1 c serving	Sour cream, serving	FRUIT Orange, 1 cup	FRUIT
Cucumber	Ranch dressing, housemade		Apple
FRUIT		Sour cream, serving	CONDIMENTS
Apple		Ranch dressing, housemade	Sour cream, serving Ranch dressing,
CONDIMENTS		DESSERT	housemade
Sour cream, serving Ranch dressing, housemade		Chocolate chip cookies	

28	29	30	-
Week 1 Monday	Week 1 Tuesday	Week 1 Wednesday	
MAIN ENTREE	MAIN ENTREE	MAIN ENTREE	
Asian BBQ Pulled Pork	Burrito, bean and cheese	Baked tofu	
MEAT/MEAT ALTERNATIVE	GRAIN	MEAT/MEAT ALTERNATIVE	
Cheddar cheese, shredded, 1 oz	Brown Rice	Cheddar cheese, shredded, 1 oz	
	VEGETABLE		
GRAIN Brown Rice	Baked potato, russet, 70 ct, .75 C starchy	GRAIN Brown Rice	
VEGETABLE	Carrot, baby	VEGETABLE	
Baked potato, russet, 70	Pepper, red bell, 1/4 cup	Baked potato, russet, 70	
ct, .75 C starchy	Beans, refried, 1/2 cup	ct, .75 C starchy	
Carrot, baby	serving	Carrot, baby	
Pepper, red bell, 1/4 cup	Lettuce, green leaf, 1 c serving	Pepper, red bell, 1/4 cup	
Lettuce, green leaf, 1 c serving	Cucumber	Lettuce, green leaf, 1 c serving	
Cucumber	FRUIT	Cucumber	

FRUIT	Apple	FRUIT
Banana	CONDIMENTS	Pear, 1 cup
CONDIMENTS	Sour cream, serving	CONDIMENTS
Sour cream, serving	Ranch dressing, housemade	Sour cream, serving
Ranch dressing, housemade		Ranch dressing, housemade

Menu is subject to change. All meals served meet USDA requirements for reimbursable meals. 1% or nonfat milk available with each meal.

This institution is an equal opportunity provider.