

Harmony Union School District

March 2025 | Harmony Elementary | Breakfast Menu | 24-25 K-8 Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
Week 1 Monday	Week 1 Tuesday	Week 1 Wednesday	Week 1 Thursday	Week 1 Friday
MAIN ENTREE	MAIN ENTREE	MAIN ENTREE	MAIN ENTREE	MAIN ENTREE
Muffin, apple cinnamon, housemade GRAIN Cinnamon Chex FRUIT Banana	Whole wheat sprouted bagel	Yogurt and granola	Oatmeal	Whole wheat pancakes,
	GRAIN	GRAIN	GRAIN	housemade
	Cinnamon Chex	Cinnamon Chex	Cinnamon Chex	GRAIN
		FRUIT	FRUIT	Cinnamon Chex
	FRUIT	Banana	Orange, 1 cup	FRUIT
	Orange, 1 cup	Apple,1/2 cup	Apple,1/2 cup	Banana
Apple,1/2 cup	Apple,1/2 cup	■ MILK	MILK	Apple,1/2 cup
MILK Milk, Nonfat, 1 cup Milk, 1%, HPT	MILK	Milk, 1%, HPT	Milk, 1%, HPT	MILK
	Milk, 1%, HPT Milk, Nonfat, 1 cup	Milk, Nonfat, 1 cup	Milk, Nonfat, 1 cup	Milk, 1%, HPT
				Milk, Nonfat, 1 cup
	CONDIMENTS			CONDIMENTS
	Butter pat			Butter pat
10	Cream cheese, tbl serving			Maple syrup, 1 Tbl serving
	11	12	13	14
Week 1 Monday	Week 1 Tuesday	Week 1 Wednesday	Week 1 Thursday	Spring Break
MAIN ENTREE	MAIN ENTREE	MAIN ENTREE	MAIN ENTREE	

5, 3:16 PM		LINQ Connect - Makin		
Muffin, blueberry, housemade	Whole wheat sprouted bagel	Yogurt and granola	Oatmeal	
6		GRAIN	GRAIN	
GRAIN	GRAIN	Cinnamon Chex	Cinnamon Chex	
Cinnamon Chex	Cinnamon Chex	■ FRUIT	■ FRUIT	
FRUIT	FRUIT	Banana	Orange, 1 cup	
Banana	Orange, 1 cup	Apple,1/2 cup	Apple,1/2 cup	
Apple,1/2 cup	Apple,1/2 cup			
MILK	MILK	MILK	MILK	
		Milk, 1%, HPT	Milk, 1%, HPT	
Milk, Nonfat, 1 cup	Milk, 1%, HPT	Milk, Nonfat, 1 cup	Milk, Nonfat, 1 cup	
Milk, 1%, HPT	Milk, Nonfat, 1 cup			
	CONDIMENTS			
	Butter pat			
	Cream cheese, tbl serving			
17	18	19	20	21
17 Spring Break	18 Spring Break	19 Spring Break	20 Spring Break	21 Spring Break
Spring Break	Spring Break	Spring Break	Spring Break	Spring Break
Spring Break	Spring Break	Spring Break	Spring Break	Spring Break
Spring Break 24 Week 1 Monday	Spring Break 25 Week 1 Tuesday	Spring Break 26 Week 1 Wednesday	Spring Break 27 Week 1 Thursday	28 Week 1 Friday MAIN ENTREE Whole wheat pancakes,
Spring Break 24 Week 1 Monday MAIN ENTREE Muffin, chocolate chip, housemade	25 Week 1 Tuesday MAIN ENTREE Whole wheat sprouted bagel	Spring Break 26 Week 1 Wednesday MAIN ENTREE Orange dreamsicle smoothie and toast	Spring Break 27 Week 1 Thursday MAIN ENTREE	Spring Break 28 Week 1 Friday MAIN ENTREE Whole wheat
Spring Break 24 Week 1 Monday MAIN ENTREE Muffin, chocolate	25 Week 1 Tuesday MAIN ENTREE Whole wheat	26 Week 1 Wednesday MAIN ENTREE Orange dreamsicle	Spring Break 27 Week 1 Thursday MAIN ENTREE Oatmeal	28 Week 1 Friday MAIN ENTREE Whole wheat pancakes,
Spring Break 24 Week 1 Monday MAIN ENTREE Muffin, chocolate chip, housemade	25 Week 1 Tuesday MAIN ENTREE Whole wheat sprouted bagel	Spring Break 26 Week 1 Wednesday MAIN ENTREE Orange dreamsicle smoothie and toast	Spring Break 27 Week 1 Thursday MAIN ENTREE Oatmeal GRAIN	28 Week 1 Friday MAIN ENTREE Whole wheat pancakes, housemade

1	Bana Bana	Orange, 1 cup	Banana	Orange, 1 cup	FRUIT
	Apple,1/2 cup	Apple,1/2 cup	Apple,1/2 cup	Apple,1/2 cup	Banana
	MILK	MILK	MILK	MILK	Apple,1/2 cup
	Milk, Nonfat, 1 cup	Milk, 1%, HPT	Milk, 1%, HPT	Milk, 1%, HPT	MILK
	Milk, 1%, HPT	Milk, Nonfat, 1 cup	Milk, Nonfat, 1 cup	Milk, Nonfat, 1 cup	Milk, 1%, HPT
		CONDIMENTS			Milk, Nonfat, 1 cup
		Butter pat			CONDIMENTS
		Cream cheese, tbl serving			Maple syrup, 1 Tbl serving
	31	1	2	3	4
	Week 1 Monday				
	MAIN ENTREE				
	Muffin, apple cinnamon, housemade				
	GRAIN				
	Cinnamon Chex				
	FRUIT				
	Banana				
	Apple,1/2 cup				
	MILK		8		
	Milk, Nonfat, 1 cup				
	Milk, 1%, HPT				
		-			