



**March 2025 | Harmony Elementary | Breakfast Menu | 24-25 K-8 Breakfast**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>3</b></p> <p>Week 1 Monday</p> <p><b>MAIN ENTREE</b></p> <p>Muffin, apple cinnamon, housemade</p> <p><b>GRAIN</b></p> <p>Cinnamon Chex</p> <p><b>FRUIT</b></p> <p>Banana Apple, 1/2 cup</p> <p><b>MILK</b></p> <p>Milk, Nonfat, 1 cup Milk, 1%, HPT</p>	<p><b>4</b></p> <p>Week 1 Tuesday</p> <p><b>MAIN ENTREE</b></p> <p>Whole wheat sprouted bagel</p> <p><b>GRAIN</b></p> <p>Cinnamon Chex</p> <p><b>FRUIT</b></p> <p>Orange, 1 cup Apple, 1/2 cup</p> <p><b>MILK</b></p> <p>Milk, 1%, HPT Milk, Nonfat, 1 cup</p> <p><b>CONDIMENTS</b></p> <p>Butter pat Cream cheese, tbl serving</p>	<p><b>5</b></p> <p>Week 1 Wednesday</p> <p><b>MAIN ENTREE</b></p> <p>Yogurt and granola</p> <p><b>GRAIN</b></p> <p>Cinnamon Chex</p> <p><b>FRUIT</b></p> <p>Banana Apple, 1/2 cup</p> <p><b>MILK</b></p> <p>Milk, 1%, HPT Milk, Nonfat, 1 cup</p>	<p><b>6</b></p> <p>Week 1 Thursday</p> <p><b>MAIN ENTREE</b></p> <p>Oatmeal</p> <p><b>GRAIN</b></p> <p>Cinnamon Chex</p> <p><b>FRUIT</b></p> <p>Orange, 1 cup Apple, 1/2 cup</p> <p><b>MILK</b></p> <p>Milk, 1%, HPT Milk, Nonfat, 1 cup</p>	<p><b>7</b></p> <p>Week 1 Friday</p> <p><b>MAIN ENTREE</b></p> <p>Whole wheat pancakes, housemade</p> <p><b>GRAIN</b></p> <p>Cinnamon Chex</p> <p><b>FRUIT</b></p> <p>Banana Apple, 1/2 cup</p> <p><b>MILK</b></p> <p>Milk, 1%, HPT Milk, Nonfat, 1 cup</p> <p><b>CONDIMENTS</b></p> <p>Butter pat Maple syrup, 1 Tbl serving</p>
<p><b>10</b></p> <p>Week 1 Monday</p> <p><b>MAIN ENTREE</b></p>	<p><b>11</b></p> <p>Week 1 Tuesday</p> <p><b>MAIN ENTREE</b></p>	<p><b>12</b></p> <p>Week 1 Wednesday</p> <p><b>MAIN ENTREE</b></p>	<p><b>13</b></p> <p>Week 1 Thursday</p> <p><b>MAIN ENTREE</b></p>	<p><b>14</b></p> <p>Spring Break</p>

<p>Muffin, blueberry, housemade</p> <p><b>GRAIN</b></p> <p>Cinnamon Chex</p> <p><b>FRUIT</b></p> <p>Banana Apple, 1/2 cup</p> <p><b>MILK</b></p> <p>Milk, Nonfat, 1 cup Milk, 1%, HPT</p>	<p>Whole wheat sprouted bagel</p> <p><b>GRAIN</b></p> <p>Cinnamon Chex</p> <p><b>FRUIT</b></p> <p>Orange, 1 cup Apple, 1/2 cup</p> <p><b>MILK</b></p> <p>Milk, 1%, HPT Milk, Nonfat, 1 cup</p> <p><b>CONDIMENTS</b></p> <p>Butter pat Cream cheese, tbl serving</p>	<p>Yogurt and granola</p> <p><b>GRAIN</b></p> <p>Cinnamon Chex</p> <p><b>FRUIT</b></p> <p>Banana Apple, 1/2 cup</p> <p><b>MILK</b></p> <p>Milk, 1%, HPT Milk, Nonfat, 1 cup</p>	<p>Oatmeal</p> <p><b>GRAIN</b></p> <p>Cinnamon Chex</p> <p><b>FRUIT</b></p> <p>Orange, 1 cup Apple, 1/2 cup</p> <p><b>MILK</b></p> <p>Milk, 1%, HPT Milk, Nonfat, 1 cup</p>	
<p><b>17</b></p> <p>Spring Break</p>	<p><b>18</b></p> <p>Spring Break</p>	<p><b>19</b></p> <p>Spring Break</p>	<p><b>20</b></p> <p>Spring Break</p>	<p><b>21</b></p> <p>Spring Break</p>
<p><b>24</b></p> <p>Week 1 Monday</p> <p><b>MAIN ENTREE</b></p> <p>Muffin, chocolate chip, housemade</p> <p><b>GRAIN</b></p> <p>Cinnamon Chex</p> <p><b>FRUIT</b></p>	<p><b>25</b></p> <p>Week 1 Tuesday</p> <p><b>MAIN ENTREE</b></p> <p>Whole wheat sprouted bagel</p> <p><b>GRAIN</b></p> <p>Cinnamon Chex</p> <p><b>FRUIT</b></p>	<p><b>26</b></p> <p>Week 1 Wednesday</p> <p><b>MAIN ENTREE</b></p> <p>Orange dreamsicle smoothie and toast</p> <p><b>GRAIN</b></p> <p>Cinnamon Chex</p> <p><b>FRUIT</b></p>	<p><b>27</b></p> <p>Week 1 Thursday</p> <p><b>MAIN ENTREE</b></p> <p>Oatmeal</p> <p><b>GRAIN</b></p> <p>Cinnamon Chex</p> <p><b>FRUIT</b></p>	<p><b>28</b></p> <p>Week 1 Friday</p> <p><b>MAIN ENTREE</b></p> <p>Whole wheat pancakes, housemade</p> <p><b>GRAIN</b></p> <p>Cinnamon Chex</p>

<p>Banana Apple, 1/2 cup</p> <p><b>MILK</b></p> <p>Milk, Nonfat, 1 cup Milk, 1%, HPT</p>	<p>Orange, 1 cup Apple, 1/2 cup</p> <p><b>MILK</b></p> <p>Milk, 1%, HPT Milk, Nonfat, 1 cup</p> <p><b>CONDIMENTS</b></p> <p>Butter pat Cream cheese, tbl serving</p>	<p>Banana Apple, 1/2 cup</p> <p><b>MILK</b></p> <p>Milk, 1%, HPT Milk, Nonfat, 1 cup</p>	<p>Orange, 1 cup Apple, 1/2 cup</p> <p><b>MILK</b></p> <p>Milk, 1%, HPT Milk, Nonfat, 1 cup</p>	<p><b>FRUIT</b></p> <p>Banana Apple, 1/2 cup</p> <p><b>MILK</b></p> <p>Milk, 1%, HPT Milk, Nonfat, 1 cup</p> <p><b>CONDIMENTS</b></p> <p>Maple syrup, 1 Tbl serving</p>
<p><b>31</b></p> <p>Week 1 Monday</p> <p><b>MAIN ENTREE</b></p> <p>Muffin, apple cinnamon, housemade</p> <p><b>GRAIN</b></p> <p>Cinnamon Chex</p> <p><b>FRUIT</b></p> <p>Banana Apple, 1/2 cup</p> <p><b>MILK</b></p> <p>Milk, Nonfat, 1 cup Milk, 1%, HPT</p>	<p><b>1</b></p>	<p><b>2</b></p>	<p><b>3</b></p>	<p><b>4</b></p>