



May 2025 | Harmony Elementary | [Breakfast Menu](#) | [24-25 K-8 Breakfast](#)

Monday	Tuesday	Wednesday	Thursday	Friday
<div>28</div> <div>Week 1 Monday</div> <div><div>MAIN ENTREE</div><div>Muffin, apple cinnamon, housemade</div></div> <div><div>GRAIN</div><div>Cinnamon Chex</div></div> <div><div>FRUIT</div><div>Banana</div><div>Apple,1/2 cup</div></div>	<div>29</div> <div>Week 1 Tuesday</div> <div><div>MAIN ENTREE</div><div>Whole wheat sprouted bagel</div></div> <div><div>GRAIN</div><div>Cinnamon Chex</div></div> <div><div>FRUIT</div><div>Orange, 1 cup</div><div>Apple,1/2 cup</div></div>	<div>30</div> <div>Week 1 Wednesday</div> <div><div>MAIN ENTREE</div><div>Orange dreamsicle smoothie and toast</div></div> <div><div>GRAIN</div><div>Cinnamon Chex</div></div> <div><div>FRUIT</div><div>Banana</div><div>Apple,1/2 cup</div></div>	<div>1</div> <div>Week 1 Thursday</div> <div><div>MAIN ENTREE</div><div>Oatmeal</div></div> <div><div>GRAIN</div><div>Cinnamon Chex</div></div> <div><div>FRUIT</div><div>Orange, 1 cup</div><div>Apple,1/2 cup</div></div>	<div>2</div> <div>Week 1 Friday</div> <div><div>MAIN ENTREE</div><div>Whole wheat pancakes, housemade</div></div> <div><div>GRAIN</div><div>Cinnamon Chex</div></div> <div><div>FRUIT</div><div>Banana</div><div>Apple,1/2 cup</div></div>
<div>5</div> <div>Week 1 Monday</div> <div><div>MAIN ENTREE</div><div>Muffin, chocolate chip, housemade</div></div> <div><div>GRAIN</div><div>Cinnamon Chex</div></div> <div><div>FRUIT</div><div>Banana</div><div>Apple,1/2 cup</div></div>	<div>6</div> <div>Week 1 Tuesday</div> <div><div>MAIN ENTREE</div><div>Whole wheat sprouted bagel</div></div> <div><div>GRAIN</div><div>Cinnamon Chex</div></div> <div><div>FRUIT</div><div>Orange, 1 cup</div><div>Apple,1/2 cup</div></div>	<div>7</div> <div>Week 1 Wednesday</div> <div><div>MAIN ENTREE</div><div>Yogurt and granola</div></div> <div><div>GRAIN</div><div>Cinnamon Chex</div></div> <div><div>FRUIT</div><div>Banana</div><div>Apple,1/2 cup</div></div>	<div>8</div> <div>Week 1 Thursday</div> <div><div>MAIN ENTREE</div><div>Oatmeal</div></div> <div><div>GRAIN</div><div>Cinnamon Chex</div></div> <div><div>FRUIT</div><div>Orange, 1 cup</div><div>Apple,1/2 cup</div></div>	<div>9</div> <div>Week 1 Friday</div> <div><div>MAIN ENTREE</div><div>Whole wheat pancakes, housemade</div></div> <div><div>GRAIN</div><div>Cinnamon Chex</div></div> <div><div>FRUIT</div><div>Banana</div><div>Apple,1/2 cup</div></div>

<div>12</div> <div>Week 1 Monday</div> <div><div><div></div><div>MAIN ENTREE</div></div><div>Muffin, blueberry, housemade</div><div><div><div></div><div>GRAIN</div></div><div>Cinnamon Chex</div><div><div><div></div><div>FRUIT</div></div><div>Banana</div><div>Apple,1/2 cup</div></div></div></div>	<div>13</div> <div>Week 1 Tuesday</div> <div><div><div></div><div>MAIN ENTREE</div></div><div>Whole wheat sprouted bagel</div><div><div><div></div><div>GRAIN</div></div><div>Cinnamon Chex</div><div><div><div></div><div>FRUIT</div></div><div>Orange, 1 cup</div><div>Apple,1/2 cup</div></div></div></div>	<div>14</div> <div>Week 1 Wednesday</div> <div><div><div></div><div>MAIN ENTREE</div></div><div>Orange dreamsicle smoothie and toast</div><div><div><div></div><div>GRAIN</div></div><div>Cinnamon Chex</div><div><div><div></div><div>FRUIT</div></div><div>Banana</div><div>Apple,1/2 cup</div></div></div></div>	<div>15</div> <div>Week 1 Thursday</div> <div><div><div></div><div>MAIN ENTREE</div></div><div>Oatmeal</div><div><div><div></div><div>GRAIN</div></div><div>Cinnamon Chex</div><div><div><div></div><div>FRUIT</div></div><div>Orange, 1 cup</div><div>Apple,1/2 cup</div></div></div></div>	<div>16</div> <div>Week 1 Friday</div> <div><div><div></div><div>MAIN ENTREE</div></div><div>Whole wheat pancakes, housemade</div><div><div><div></div><div>GRAIN</div></div><div>Cinnamon Chex</div><div><div><div></div><div>FRUIT</div></div><div>Banana</div><div>Apple,1/2 cup</div></div></div></div>
<div>19</div> <div>Week 1 Monday</div> <div><div><div></div><div>MAIN ENTREE</div></div><div>Muffin, chocolate chip, housemade</div><div><div><div></div><div>GRAIN</div></div><div>Cinnamon Chex</div><div><div><div></div><div>FRUIT</div></div><div>Banana</div><div>Apple,1/2 cup</div></div></div></div>	<div>20</div> <div>Week 1 Tuesday</div> <div><div><div></div><div>MAIN ENTREE</div></div><div>Whole wheat sprouted bagel</div><div><div><div></div><div>GRAIN</div></div><div>Cinnamon Chex</div><div><div><div></div><div>FRUIT</div></div><div>Orange, 1 cup</div><div>Apple,1/2 cup</div></div></div></div>	<div>21</div> <div>Week 1 Wednesday</div> <div><div><div></div><div>MAIN ENTREE</div></div><div>Yogurt and granola</div><div><div><div></div><div>GRAIN</div></div><div>Cinnamon Chex</div><div><div><div></div><div>FRUIT</div></div><div>Banana</div><div>Apple,1/2 cup</div></div></div></div>	<div>22</div> <div>Week 1 Thursday</div> <div><div><div></div><div>MAIN ENTREE</div></div><div>Oatmeal</div><div><div><div></div><div>GRAIN</div></div><div>Cinnamon Chex</div><div><div><div></div><div>FRUIT</div></div><div>Orange, 1 cup</div><div>Apple,1/2 cup</div></div></div></div>	<div>23</div> <div>Week 1 Friday</div> <div><div><div></div><div>MAIN ENTREE</div></div><div>Whole wheat pancakes, housemade</div><div><div><div></div><div>GRAIN</div></div><div>Cinnamon Chex</div><div><div><div></div><div>FRUIT</div></div><div>Banana</div><div>Apple,1/2 cup</div></div></div></div>
<div>26</div>	<div>27</div>	<div>28</div>	<div>29</div>	<div>30</div>

Memorial Day	Week 1 Tuesday	Week 1 Wednesday	Week 1 Thursday	Week 1 Friday
	MAIN ENTREE	MAIN ENTREE	MAIN ENTREE	MAIN ENTREE
	Whole wheat sprouted bagel	Orange dreamsicle smoothie and toast	Oatmeal	Whole wheat pancakes, housemade
	GRAIN	GRAIN	GRAIN	GRAIN
	Cinnamon Chex	Cinnamon Chex	Cinnamon Chex	Cinnamon Chex
	FRUIT	FRUIT	FRUIT	FRUIT
	Orange, 1 cup	Banana	Orange, 1 cup	Banana
	Apple,1/2 cup	Apple,1/2 cup	Apple,1/2 cup	Apple,1/2 cup

Menu is subject to change. All meals served meet USDA requirements for reimbursable meals. 1% or nonfat milk available with each meal.

This institution is an equal opportunity provider.