

November 2024

Harmony Union School District Breakfast 24/25

				01 Breakfast Entree Cinnamon Toast Crunch Pancakes Fruit Apple Fresh Strawberries Milk 1% Milk Nonfat milk Misc. Maple Syrup
04 Breakfast Entree Cinnamon Toast Crunch Fruit Apple Organic fresh oranges Grains Banana muffins Milk 1% Milk Nonfat milk	05 Breakfast Entree Cinnamon Toast Crunch WG Bagel w/ Cream Cheese Fruit Apple Organic fresh oranges Milk 1% Milk Nonfat milk	06 Breakfast Entree Cinnamon Toast Crunch Fruit Apple Fresh Banana Grains Homemade granola Milk 1% Milk Nonfat milk Misc. Organic Clover Lowfat Yogurt	07 Breakfast Entree Cinnamon Toast Crunch Oatmeal w/ Butter & Maple Syrup Fruit Apple Organic fresh oranges Milk 1% Milk Nonfat milk	08 Observe Veterans Day
11 Observe Veterans Day	12 Breakfast Entree Cinnamon Toast Crunch WG Bagel w/ Cream Cheese Fruit Apple Organic fresh oranges Milk 1% Milk Nonfat milk	13 Breakfast Entree Cinnamon Toast Crunch Orange Dreamsicle Smoothie and Graham Crackers Fruit Apple Fresh Orange Milk 1% Milk Nonfat milk	14 Breakfast Entree Cinnamon Toast Crunch Oatmeal w/ Butter & Maple Syrup Fruit Apple Organic fresh oranges Milk 1% Milk Nonfat milk	15 Breakfast Entree Cinnamon Toast Crunch Pancakes Fruit Apple Fresh Orange Milk 1% Milk Nonfat milk Misc. Maple Syrup
18 Breakfast Entree Cinnamon Toast Crunch Fruit Apple Fresh Banana Grains Apple cinnamon muffins Milk 1% Milk Nonfat milk	19 Breakfast Entree Cinnamon Toast Crunch WG Bagel w/ Cream Cheese Fruit Apple Organic fresh oranges Milk 1% Milk Nonfat milk	20 Breakfast Entree Cinnamon Toast Crunch Fruit Apple Fresh Banana Grains Homemade granola Milk 1% Milk Nonfat milk Misc. Organic Clover Lowfat Yogurt	21 Breakfast Entree Cinnamon Toast Crunch Oatmeal w/ Butter & Maple Syrup Fruit Apple Organic fresh oranges Milk 1% Milk Nonfat milk	22 Breakfast Entree Cinnamon Toast Crunch Pancakes Fruit Apple Fresh Banana Milk 1% Milk Nonfat milk Misc. Maple Syrup
25 Thanksgiving Break	26 Thanksgiving Break	27 Thanksgiving Break	28 Thanksgiving Break	29 Thanksgiving Break

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at [\(202\) 720-2600](tel:(202)720-2600) (voice and TTY) or contact USDA through the Federal Relay Service at [\(800\) 877-8339](tel:(800)877-8339).

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at:

<https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling [\(866\) 632-9992](tel:(866)632-9992), or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or
2. fax: [\(833\) 256-1665](tel:(833)256-1665) or [\(202\) 690-7442](tel:(202)690-7442); or
3. email: Program.Intake@usda.gov

This institution is an equal opportunity provider.
