

November 2024

Harmony Union School District Lunch 24/25

				01
				Lunch Entree House cheese pizza Vegetables Salad Bar Baked potato Fresh Kale Fruit Apple Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Balsamic dressing Sour cream Ranch dressing
04	05	06	07	08
Lunch Entree Hot Dog on WG Bun Vegetables Baked potato Baked Beans Fruit Fresh Banana Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing	Lunch Entree Bean & Cheese Burrito Vegetables Baked potato Fruit Apple Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing Guacamole	Lunch Entree Butternut Squash & Chicken Curry Vegetables Baked potato Fruit Pears Grains Brown rice Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing	Lunch Entree Spaghetti with Tomato Sauce Vegetables Baked potato Whole Kernal Corn Fruit Fresh Oranges Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing	veterans day
11	12	13	14	15
veterans day	Lunch Entree Pork Carnitas Street Tacos Vegetables Baked potato Pinto beans Fruit Apple Grains Brown rice Milk 1% Milk Fat Free Chocolate Milk	Lunch Entree Chili with Beans Vegetables Baked potato Fruit Organic fresh oranges Grains Zucchini muffins Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream	Lunch Entree Pesto Pasta Vegetables Baked potato Whole Kernal Corn Fruit Fresh Oranges Desserts Chocolate Chip Cookies Milk 1% Milk Fat Free Chocolate Milk Misc. String cheese	Lunch Entree Housemade Cheese Pizza Vegetables Baked potato Broccoli Florets Fruit Apple Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese

18	Lunch Entree Turkey & Cheese Wrap Vegetables Baked potato Carrot Sticks French Fries (3/4 cup) Fruit Pears Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing	19	Lunch Entree Shredded chicken taco Vegetables Baked potato Pinto beans Fruit Apple Grains Brown rice Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing	20	Lunch Entree Cuban Black Beans & Rice Vegetables Baked potato Fruit Fresh Banana Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing Cottage Cheese	21	Lunch Entree PASTA SALAD Vegetables Baked potato Fruit Apple Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Ranch dressing Balsamic dressing Mozzarella String Cheese	22	Lunch Entree TURKEY,FRYER-ROASTERS,MEAT&SKN,CKD,RSTD Vegetables Baked potato Mashed Potatoes Fruit Fresh Apple Slices Grains Bread Stuffing Milk 1% Milk Fat Free Chocolate Milk Misc. Shredded Cheddar Cheese Sour cream Ranch dressing Balsamic dressing CRANBERRY SAU,CND,SWTND
25	Thanksgiving break	26	Thanksgiving break	27	Thanksgiving break	28	Thanksgiving break	29	Thanksgiving break

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotope, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at:

<https://www.usda.gov/sites/default/files/documents/ad-3027.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

1. mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or
2. fax: (833) 256-1665 or (202) 690-7442; or
3. email: Program.Intake@usda.gov

This institution is an equal opportunity provider.

